

Pepermans 2026: Session: 2: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verbeek Sem

Coaches: Vissers Ann HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BUTTERFLY WOMEN 15-16 Heat:2, starttime: 14:02

Heat: 2/4 Lane : 3 Athlete: JANSSENS ELISABETH Q-time: 01:20:38

PB (50m pool): 01:27.60 Wezenberg Antwerpen 07/01/2024 PB (25m pool): 01:19.95 SB: no time

	5 0 M	1 0 0 M	
PB	00:39.79	01:27.60	
	00:39.79	00:47.81	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16 Heat:3, starttime: 14:04

Heat: 3/4 Lane : 4 Athlete: DURT REINE Q-time: 01:12:40

PB (50m pool): 01:16.11 Antwerpen 21/07/2024 PB (25m pool): 01:12.40 SB: 01:17.92 SportinGenk Park 11/11/2025

	5 0 M	1 0 0 M	
PB	no time	01:16.11	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 15-16 Heat:4, starttime: 14:06

Heat: 4/4 Lane : 1 Athlete: BELLENS LORE Q-time: 01:09:51

PB (50m pool): 01:11.38 SportinGenk Park 11/11/2025 PB (25m pool): 01:09.51 SB: 01:11.38 SportinGenk Park 11/11/2025

	5 0 M	1 0 0 M	
PB	no time	01:11.38	
	no time		
			

Coach feedback:

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Event number: 21: 100M BUTTERFLY WOMEN 15-16			Heat:4, starttime: 14:06
Heat: 4/4 Lane : 6 Athlete: BOVEN AXELLE			Q-time: 01:07:73
PB (50m pool): 01:09.79 Antwerpen 27/07/2025			PB (25m pool): 01:07.73 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.78	01:09.79	
	00:32.78	00:37.01	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:2, starttime: 14:24
Heat: 2/3 Lane : 1 Athlete: ERTVELDT KLAARTJE			Q-time: 01:18:78
PB (50m pool): no time			PB (25m pool): 01:18.78 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:2, starttime: 14:24
Heat: 2/3 Lane : 8 Athlete: DIERCKX FEMKE			Q-time: 01:19:31
PB (50m pool): 01:23.74 Antwerpen 05/02/2023			PB (25m pool): 01:19.31 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:23.74	
	no time		
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 17+			Heat:3, starttime: 14:26
Heat: 3/3 Lane : 6 Athlete: MERTENS HELENA			Q-time: 01:10:14
PB (50m pool): 01:14.51 Wezenberg 05/01/2025			PB (25m pool): 01:10.14 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.28	01:14.51	
	00:36.28	00:38.23	
			

Coach feedback:

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Event number: 25: 50M FREESTYLE WOMEN 15-16			Heat:4, starttime: 14:36
Heat: 4/4 Lane : 5 Athlete: MERTENS FEMKE			Q-time: 00:28:66
PB (50m pool): 00:29.96 SportinGenk Park 21/04/2025			PB (25m pool): 00:28.66 SB: no time
	5 0 M		
PB	00:29.96		
	00:29.96		
			

Coach feedback:

Event number: 26: 50M FREESTYLE MEN 15-16			Heat:2, starttime: 14:38
Heat: 2/3 Lane : 8 Athlete: FEYEN AEDEN			Q-time: 00:30:28
PB (50m pool): 00:30.28 Antwerpen 13/07/2025			PB (25m pool): 00:30.74 SB: no time
	5 0 M		
PB	00:30.28		
	00:30.28		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:6, starttime: 14:49
Heat: 6/8 Lane : 3 Athlete: DURT REINE			Q-time: 01:05:34
PB (50m pool): 01:06.28 Antwerpen 21/07/2024			PB (25m pool): 01:05.34 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:06.28	
	no time		
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:7, starttime: 14:50
Heat: 7/8 Lane : 3 Athlete: BELLENS LORE			Q-time: 01:03:75
PB (50m pool): 01:07.32 Aalst 28/06/2025			PB (25m pool): 01:03.75 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.07	01:07.32	
	00:32.07	00:35.25	
			

Coach feedback:

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Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:7, starttime: 14:50
Heat: 7/8 Lane : 6 Athlete: JANSSENS ELISABETH			Q-time: 01:03:77
PB (50m pool): 01:06.95 Wezenberg 05/01/2025			PB (25m pool): 01:03.77 SB: no time
	5 0 M	1 0 0 M	
PB	00:32.08	01:06.95	
	00:32.08	00:34.87	
			

Coach feedback:

Event number: 27: 100M FREESTYLE WOMEN 15-16			Heat:8, starttime: 14:52
Heat: 8/8 Lane : 3 Athlete: BOVEN AXELLE			Q-time: 01:00:33
PB (50m pool): 01:03.90 SportinGenk Park 21/04/2025			PB (25m pool): 01:00.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:30.49	01:03.90	
	00:30.49	00:33.41	
			

Coach feedback:

Event number: 29: 50M BREASTSTROKE WOMEN 17+			Heat:3, starttime: 15:09
Heat: 3/6 Lane : 3 Athlete: DIERCKX FEMKE			Q-time: 00:42:43
PB (50m pool): 00:43.43 Wezenberg Antwerpen 07/01/2024			PB (25m pool): 00:41.50 SB: no time
	5 0 M		
PB	00:43.43		
	00:43.43		
			

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+			Heat:3, starttime: 15:16
Heat: 3/6 Lane : 4 Athlete: BERTELS QUILLAN			Q-time: 00:29:25
PB (50m pool): 00:30.29 Antwerp 02/02/2025			PB (25m pool): 00:29.25 SB: no time
	5 0 M		
PB	00:30.29		
	00:30.29		
			

Coach feedback:

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Event number: 30: 50M BUTTERFLY MEN 17+			Heat:4, starttime: 15:17		
Heat: 4/6 Lane : 1 Athlete: LAEREMANS SEBASTIAAN			Q-time: 00:29:22		
PB (50m pool): 00:31.26 Wezenberg 05/01/2025			PB (25m pool): 00:29.22 SB: no time		
	5 0 M				
PB	00:31.26				
	00:31.26				
					

Coach feedback:

Event number: 30: 50M BUTTERFLY MEN 17+			Heat:5, starttime: 15:18		
Heat: 5/6 Lane : 8 Athlete: WOUTERS MAXIM			Q-time: 00:28:10		
PB (50m pool): 00:28.31 Antwerpen 13/07/2025			PB (25m pool): 00:28.39 SB: no time		
	5 0 M				
PB	00:28.31				
	00:28.31				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 15:22		
Heat: 2/2 Lane : 1 Athlete: ERTVELDT KLAARTJE			Q-time: 01:24:17		
PB (50m pool): 01:30.53 SportinGenk Park 21/04/2025			PB (25m pool): 01:24.17 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	01:30.53			
	no time				
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 15:22		
Heat: 2/2 Lane : 2 Athlete: MERTENS HELENA			Q-time: 01:18:74		
PB (50m pool): 01:23.75 Wezenberg 05/01/2025			PB (25m pool): 01:18.74 SB: no time		
	5 0 M	1 0 0 M			
PB	00:39.32	01:23.75			
	00:39.32	00:44.43			
					

Coach feedback:

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Event number: 33: 200M MEDLEY MIXED 9-10					Heat:1, starttime: 15:28
Heat: 1/1 Lane : 4 Athlete: MERTENS CHARLOTTE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 15+					Heat:1, starttime: 15:31
Heat: 1/2 Lane : 5 Athlete: TEAM SHARK 2					Q-time: 02:09:42
PB (50m pool):					PB (25m pool): SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback:

Event number: 38: 4x50M MEDLEY MIXED 15+					Heat:2, starttime: 15:34
Heat: 2/2 Lane : 1 Athlete: TEAM SHARK 1					Q-time: 02:03:15
PB (50m pool):					PB (25m pool): SB:
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback: